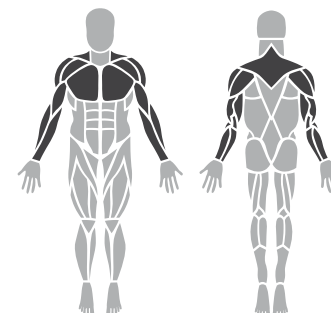


Pro-Drive Shoulder Press

#OF-400-01



The Pro-Drive Shoulder Press provides a targeted upper-body workout for the shoulders, and arms. It has a 100 lb. selectorized weight stack, adjustable in 10 lb. increments, allowing users to easily modify the resistance based on their fitness level.



Targets:
Shoulders,
chest, triceps



GENERAL SPECIFICATIONS

Ages 13+
User Capacity: 1
Number of Stations: 1
Number of Exercises: 1

INSTALLATION SPECIFICATIONS

Equipment (LxWxH):
36 in x 32 in x 78 in
(92 cm x 82 cm x 199 cm)
Weight: 620 lbs (281 kg)
ASTM Fall Height: 0 in (0 cm)
Use Zone: 3 ft x 8 ft (0.9 m x 2.3 m)
ASTM Pad Size: 9 ft x 14 ft (2.7 m x 4.1 m)
ASTM Safety Surfacing Area: 113 ft² (10.5 m²)

COLOR OPTIONS



Technical Design Features

Frame

Constructed of 3/16" and 1/4" thick heavy-duty steel.

All fasteners are tamperproof stainless steel carriage bolts with a smooth, rounded head and square neck.

The locking nuts are shielded behind a padlocked access hatch.

Multi-Step Coating Process

Abrasive Blast with Aluminum Oxide: Surfaces are blasted with aluminum oxide to remove contaminants and create a textured profile that promotes strong adhesion of coatings.

Pre-Treatment Wash: Parts undergo a steam rinse, a zirconium-based chemical conversion coating for corrosion resistance and adhesion, a clean water rinse, and are then oven-dried to eliminate all moisture before coating.

Zinc-Rich Primer: A zinc-rich primer is applied (2.5-3.5 mil thickness) to provide corrosion protection and is oven-cured to form a durable bond with the metal surface. It is rated for 4000 hours of salt spray.

Top Coat: The final topcoat is applied for color, UV, and weather protection, then cured in an oven to create a long-lasting, high-performance finish. The polyester powder is applied with TGIC-Free super durable polyester, exterior grade powder.

Instructional Placards

Instructional placards are 0.25" thick Lexan and reverse printed with UV stabilized ink.

The Lexan is anchored to the column with a stainless steel trim ring and tamperproof rounded head carriage bolts.

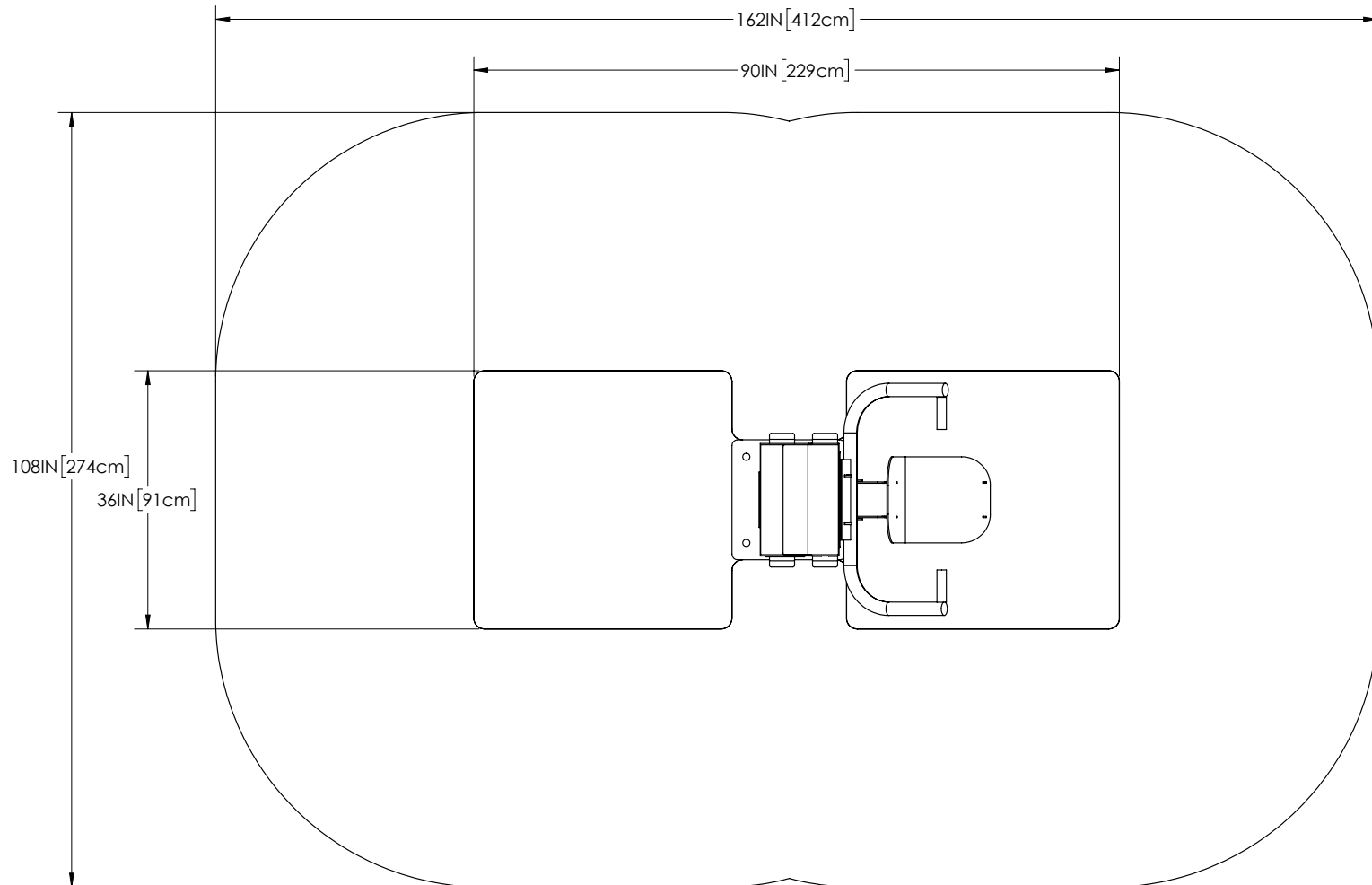
Engineered with Real Exercise Biomechanics

Safe and effective exercise biomechanics are built into every product through adjustable resistance systems, ergonomically designed bodyweight stations, and configurable bench and seat height adjustments.

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ASTM Fall Height: 0 in (0 cm) | **Total Height:** 78 in (199 cm) | **ASTM Safety Surfacing Area:** 113 ft² (10.5 m²)



[Click to see CAD details online](#)